



SOPAS WITH PEPITA SEEDS AND NUTELLA®

Tarts | Vegetarian | Breakfast | Mid-morning | All year round | Banqueting



Yields: 16 servings. Portion: 1 sopapilla

- 16 Sopapillas
- 3 Medium Plantains
- 3 ¼ tbsp. Rapeseed Oil
- 85 g Pumpkin Seeds
- 170 g Nutella®

Bake the pumpkin seeds at 180 °C until lightly toasted, do not over-bake.

At the time of service, deep fry the sopapillas in a 180 °C deep fryer until they float: 4-7 minutes.

Place the sopapillas on a paper towel to drain the excess grease.

Keep them warm until ready to serve.



Place a tablespoon of plantain purée on top of each sopapilla.

Top the plantains with Nutella® and garnish with the pumpkin seeds.