Açaï bowl with Nutella®

Fruits & Jellies | Vegetarian | Breakfast | Mid-afternoon | Summer

For 15 portions

Açaï :

1,8 Kg of bananas (15 bananas)
1,2 Kg of frozen mixed berries
225gr of açaï powder or frozen açaï puree
3,6 Kg of almond milk

Topping :

300gr kiwis (3 kiwis)
1 mango
230gr of raspberries (3 raspberries per bowl)
230gr of strawberries (1.5 strawberries per bowl)
270gr of blueberries (6 blueberries per bowl)
75gr of Oats
225gr of Nutella®

PREPARATION

Ideally the day before or 1h30 before making the acai bowl, cut the bananas into slices and put them in the freezer.

When the bananas are frozen, in a large blender mix the bananas with the mixed berries, the acai powder and the almond milk.

Peel the kiwis, cut them in half lengthwise and then into thin strips.

Cut the strawberries lengthwise and into thin slices as well. Peel then cut the mango into thin slices.

Pour the açaï preparation into bowls and then place a few strips of kiwi, strawberry, mango, three raspberries, a few blueberries, then sprinkle a large teaspoon of oatmeal. Add 15g of Nutella® as a topping.

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