



## MORROCAN SEMOLINA PANCAKES WITH NUTELLA®

Breakfast | Breakfast | All year round

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**Yields: 8 Servings**

**Portion: 3 Mini Pancakes**

### INGREDIENTS

- 1 ½ cup Semolina flour
- ½ cup All purpose flour
- ½ tbsp. Salt
- 1 tbsp. Sugar
- 2 ct. Large eggs
- 9 oz. Low fat milk
- 3 tbsp. Canola Oil
- 5 ¼ oz. Nutella®
- \* Fresh fruit, optional
- \* Powdered sugar, optional

### Method:

Separate the eggs and put the whites in a different bowl. Beat the yolks with the sugar. Beat the egg whites with the salt until stiff peaks form. Fold together both egg mixtures and leave to chill in the fridge for 15 minutes. In a separate bowl, mix the milk and the oil and then add to the flour mix. Combine the egg mixture with the flour mixture and fold gently until batter is smooth. Pour 2 tbsp. of the batter into a sauté pan lightly sprayed with food release spray. Cook over medium heat until golden brown but do not flip and sauté the other side as these pancakes are to



be sautéed on the bottom only. Plate three pancakes and spread each one with  $\frac{1}{4}$  oz. of Nutella®. Dust lightly with powdered sugar and fresh fruit if desired.